



Fostering the enduring tradition of the Camino

Camino Sanabrés

General Description: The Camino *sanabrés*, also known as the Vía de la Plata Ourense option or the Camino Meridional, is one of the two routes that branch from the [Vía de la Plata](#) at or near Zamora and that lead directly to Santiago thereby completely bypassing the Camino *francés*. ~400 km from Zamora 43 km northward to the village of Granja de Moreruela (on the Vía de la Plata) then northwestward through Puebla de Sanabria to Santiago. The Camino *sanabrés* parallels the first two-thirds of the [Vía portugués de la Vía de la Plata](#), the two rejoining at Ourense.

Waymarking: Caminosantiago.org indicates that waymarking is complete.

Terrain: Some stretches are strenuous with steep climbs and descents, particularly over the passes of Padornelo (1329 m) and A Canda (1262m) on consecutive days. A route planner and height profile can be found on the godesalco.com website.

When to go: July and August will be hot and should be avoided. April into May and September into October are recommended. Climate tables for [Zamora](#), [Ourense](#) and [Santiago de Compostela](#).

Accommodation: [MundiCamino](#) lists numerous pilgrim *albergues* along most of the Camino *sanabrés*. In the MundiCamino site, after selecting English (the small British flag icon), click on *Routes* in the menu bar and slide down to *The Sanabrés Way*. Accommodations include Xunta de Galicia albergues, *privados*, *hostals*, *casa rurales* and even hotels conveniently placed.

Guidebooks: Gerald Kelly has compiled *The Walking Guide to the Vía de la Plata and the Camino Sanabrés: from Seville to Santiago and Astorga* which is available for purchase in printed or e-book format or as a download [from the author's website by donation](#). Edition is February 2013 but a completely updated edition is due out April 2016. The Confraternity of Saint James: [The Camino Mozárabe or Vía de la Plata, C: Zamora-Braganza-Santiago](#). This guidebook encompasses the Vía de la Plata route from Zamora and via Bragança in the northeast corner of Portugal and Verín before joining the alternative route at Ourense. (2005).

Internet links: The [Xunta de Galicia](#) has a page with extensive information on those portions of the variants of the *Vía portugués de la Vía de la Plata* within Galicia including history, tourism, albergues, other services and Santiago itself. (English) The website CaminodeSantiago.gal has an extensive page on the route. (Spanish, Galician, English) The [Voz de Galicia](#) newspaper has a descriptive page on the route. Stage by stage details are accessed through the links on the right side of the page. (Multiple languages) [Eroski Consumer](#) has a page. (Spanish, Galician, Catalan, Euskara) [The Confraternity of St. James](#) has a page on the route. Finally godesalco.com covers the *sanabrés* on its Vía de la Plata

page. The site produces a customized elevation profile, a kmz file for Google Earth and several other pieces of data. (English, Spanish)

Other remarks: the infrastructure on this route has developed substantially over the past few years.

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